



# INDEX

| 03 Etec | h Employee Wellness Program –  | Start Today foi | a Healthy Tomorrow - Nacogdoches  |
|---------|--|-----------------|---|
|         | h Giveback Program - Relay for<br>Fundraiser                                   | 18              | Why not 'Supplier Experience' too!  |
| 05      | Lufkin Goes Green to Celebrate St Patrick's<br>od Samaritan Day – Etech Dallas | 19              | Training MVP of the Quarter!  |
| 06 Good | d Samaritan Day – Etech Dallas   | 20              | Aspiring Leaders - Lufkin   |
|         | h Give Back Program - March<br>d Drive   | 21              | Etech Servant Leadership<br>Awards -2016  |
| 1 1×    | h Giveback Program - Blood<br>ation Drive – Gandhinagar                        | 22              | Volleyball Tournament 2017<br>– A WLB Initiative  |
|         | h Giveback Program<br>eenathon at Baroda Center                                | 23              | Etech Leadership Awards – Baroda  |
| 10 Marc | di Gras – Nacogdoches & Lufkin   | 24              | Etech Organizational Development<br>Program – Accountability                            |
| 11 Mov  | ring up the Success Ladder   | 25              | Etech Organizational Development Program -<br>Glossophobia: The fear of public speaking |
| 14 The  | Snaking Wagon  | 26              | Potluck at the Etech Baroda Center  |
|         | rnational Women's Day<br>bration at Baroda Center                              | 27              | Etech Wellness Program: Talk on<br>Ergonomics   |
|         | rnational Women's Day<br>bration – WLB Gandhinagar                             | 28              | Rewards and Recognition - Lufkin  |
| 17 Girl | Scout Cookie Sale - Lufkin   | 29              | Rewards & Recognition ceremony -<br>Baroda  |

Rewards & Recognition ceremony - Gandhinagar

30



# Etech Employee Wellness Program – Start Today for a Healthy Tomorrow - Nacogdoches

#### **Fun Food Facts**

- Banana plants are members of the herb family.
- Strawberries contain more vitamin C than oranges.
- Coffee beans are the seeds of the fruit of the coffee plant.
- One can of soda contains around 10 teaspoons of sugar.
- A hardboiled egg will spin but a soft-boiled one won't.
- A medium-sized potato is a similar size to a computer mouse.
- Only wash grapes just before you eat them as they keep better unwashed.

### Get Moving! Great exercise suggestions to get you going!

- Cardio: This is a great way to boost your heart rate, build endurance and burn calories! If you're a
  walker and you typically exercise for 30 minutes, try adding a burst of jogging for 30 seconds every 5
  minutes.
- Yoga: Practicing yoga could increase flexibility, muscle strength and tone. It can also assist in weight reduction and improved respiration, energy and vitality. Namaste.
- Cycling: A great way to exercise and spend time with family! Improves posture and coordination, strengthens bones and improves joint mobility.

#### **Red Cross Month**

- This month is to honor and celebrate everyday heroes who help fulfill a mission to help others.
- Donating funds, blood or volunteering helps to support and make a difference in communities across the country.

Enjoy Nutrition Month every March, eat well and live healthy, and then carry on for the rest of the year!





Etech Giveback Program - Dallas - Serving Breakfast at the Homeless Shelter



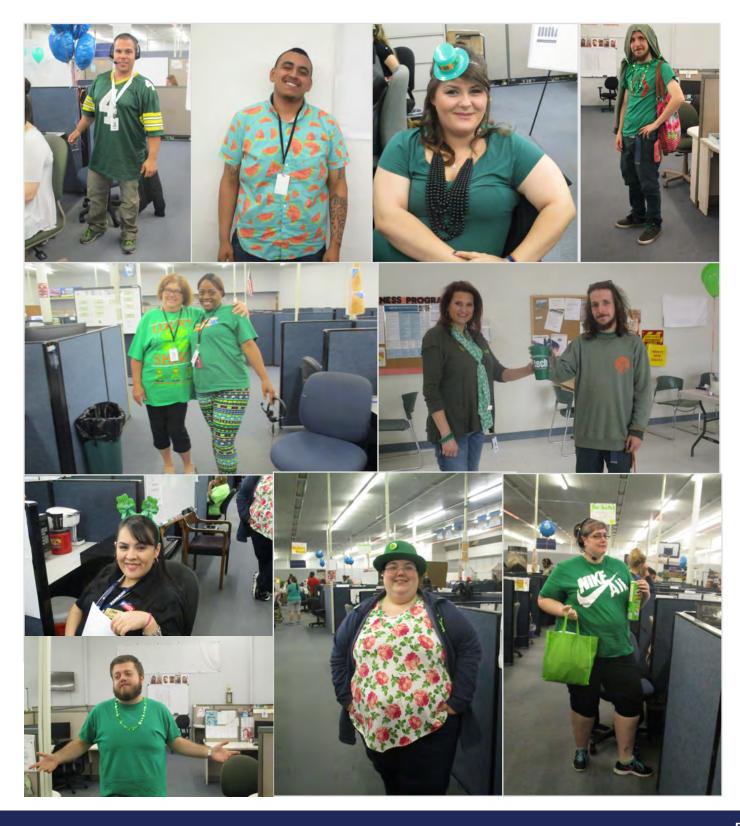
### Etech Giveback Program - Relay for Life Fundraiser





### Etech Lufkin Goes Green to Celebrate St Patrick's D Good Samaritan Day – Etech Dallas

On March 13, 2017, Etech Dallas employees volunteered to help their peers avoid any car breakdowns by checking their car's fluid and tire pressure! Great job, Dallas!





### Good Samaritan Day - Etech Dallas

On March 13, 2017, Etech Dallas employees volunteered to help their peers avoid any car breakdowns by checking theirs vehicle fluid and tire pressure! Great job, Dallas!



### Buddy Program at Etech Baroda - A WCS Initiative

True friends will always push you towards the great possibilities of your future. If you have nothing in life but a good friend who can show you right direction, you're rich.

Keeping this in mind, HR Baroda team is excited to launch Buddy program. Buddy program is for our new team members. The idea behind the Buddy program is to make new team members comfortable during their first few months of joining. Our tenured members will function as a guide to the new team members.



### Etech Give Back Program - March Blood Drive



In early March, the Nacogdoches center hosted a blood drive for the Blood center of East Texas. The goals were to collect, 12 Donors/ 15 products. The Nacogdoches center answered the call with:

17 - Donors

23 – products (11 whole blood / 5 double red blood cell / 1 red blood cell plasma)

9 - Deferrals

It's safe to say our donors totally rocked it. Great Job Nacogdoches!

The donations that were collected will be instrumental in helping local East Texans during their medical crises. Thank you Nacogdoches center for being remarkable and giving so much to help others in our community!

### Etech Employee Wellness Program – World Health day – A Human Resource Initiative

"Health is a state of complete physical, mental and social wellbeing, and not merely the absence of disease or infirmity." – World Health Organization, 1948.

On the International World Health Day, it was our pleasure to invite Dr. Rajive Harshe and Dr. Drashti Jani at our Gandhinagar center. Dr. Rajive Harshe, MD (Anesthesiology) is a Pain Management Specialist. He spoke and created awareness on various topics like -

- Proper sitting postures would create less stress on muscles and increase work efficiency
- Regular breaks, change in sitting posture, or getting up from chair and stretch for 30 seconds are few options to avoid muscular pain
- Nutritious and regular diet would be an added advantage. In this scorching heat, it is evident to have water at a regular interval. Consuming juicy fruits are also an option.
- Regular and adequate sleep required for a human body
- Meditation for at least 10 minutes a day; it really helps

Along with this, team members availed a complementary Physiotherapy Consultation by Dr. Drashti Jani. She is a Physiotherapist and specializes in Manual Therapy. She guided our team members on:

- Factors that affect postures
- Good Vs Bad Postures
- Head Postures and its importance
- Ergonomics, and
- Basic Home Remedies

She also demonstrated various stretching exercises for our daily routine followed it with a personal Physiotherapy Consultation for our TMs.



### Etech Giveback Program - Blood Donation Drive - Gandhinagar

"The gift of blood is the gift of life."

With the VISION of making a remarkable difference within our communities, the Community Action Team at Etech Gandhinagar organized a Blood Donation Camp at the center. With the help of banners from Red Cross Society and in-house prepared teasers, awareness was initiated quiet early. And the result was an overwhelming response to donate.

WOW! Etech Gandhinagar center hits century again. 105 units of Blood were donated. One of the highest so far. Some facts worth sharing:

- Highest ever participation so far of all the Blood Donation camps. We had over 130+ Participations.
- Male to Female donors: 88:17. This is highest ever participation from Female employees and also good number of Females that came forward to donate blood and qualified the HB+ requirement.
- Bharat Chauhan hit a hat-trick. He was the first one to donate blood for the third time.

A big thank you to Etech Gandhinagar employees. Your overwhelming response and enthusiasm helped us to make this event a big success.





### Etech Giveback Program - Greenathon at Baroda Center

With the aim to spread awareness about importance of greenery, afforestation, and harmful effects of using plastic bags, Corporate Social Responsibility team at Etech Baroda took initiative of organizing a Greenathon on 1st April, 2017 morning at the busy stretch of Kamatibaug. Use of plastic bags is a contributor to global warming as less than 1% plastic gets recycled every year. Rest of it just gets dumped in landfills.

Volunteers also distributed cotton bags to promote their use. Bags were also given to local shops/vendors to create awareness.





# Etech Give Back Program- Lufkin Junior Achievement - 2017 Dunbar Elementary



### Mardi Gras - Nacogdoches & Lufkin

Etech Nacogdoches & Lufkin showed Mardi gras spirit. Several teams decorated and dressed up for the occasion.





### Moving up the Success Ladder

### Ann Thomas - Receptionist, Nacogdoches

Ann Thomas was born and raised in Nacogdoches, Texas and she graduated from Central Heights High School in 2010. She has been employed with Etech for 4 years, and has worked on several different campaigns. Ann enjoys spending her free time with her family and two children. She is planning to attend Angelina College in the fall semester to continue her career in Nursing.



Ann will handle the day shift front desk responsibilities and report to Sara Donaldson.

#### Andre Samuels - Assistant Trainer - Jamaica

Andre will be work with our team to facilitate new hire training and on-going training. He has shown himself to be a proven leader and will help us continue to move the needle on this campaign. Please help me welcome Andre to his new role!

Andre Forrest-Samuels is a pleasant, people friendly individual who is industrious and goal

Oriented. Andre Joined Etech as Asst Sales Coach on 15th Feb 2017. He brings a wealth of experience from his 6 years in Sales and Call Center Operations where he has served as a Luxury Vacation Specialist / Guest Services Advisor, Performance Coach, Operations Supervisor, Team Manager and Workforce Manager.

Andre's has a passion for people and has a unique ability to develop individuals into star performers and helping them become successful. To further grow his passion on developing and training people he applied for IJP for Asst Trainer at our Mobay Center and was successfully able to demonstrate his potential to be a trainer.

He has also completed a Green Belt in Lean Six Sigma, a Diploma in Operations Management and Certificate in Supervisory Management from the University of West Indies.

### His Mantra is - "Ability can take you to the top, but it takes a strong character to keep you there."

With his unrelenting drive to succeed over all obstacles that arise and his performance driven mind set; we're confident that Andre will aid us in achieving our goals to grow Mobay and maximize the potential for our training department.

### LaMarcus Wallace - Recruiter for East TX

Over the past 12 years, LaMarcus completed an extremely successful managerial career at Wal-Mart, and lead the Senior Team through the re-grand opening of the Livingston location. During his tenure in leadership, LaMarcus served as the Compliance Champion for both Livingston and Nacogdoches, Rewards and Recognition Coordinator, Point of Contact



for New Associate On boarding, Trainer for Newly Implemented Programs, and he also served as Lead Investigator for all HR violations within the store. LaMarcus is a former Berry Direct employee, and we are very excited to welcome him back to Etech in this new role. As our East TX recruiter, LaMarcus will be responsible for sourcing candidates and community branding in our Nacogdoches, Lufkin and Rusk centers. In his spare time he loves to read, play the piano and spend time with his family. Congratulations and welcome to Etech LaMarcus!





### Christina Dillon - Payroll Coordinator I

In this role Christina, will aide in the payroll processes as well as making sure our employees are being paid correctly and on time.

Christina joined Etech in December of 2015 as an OCR, and in May of 2016, she was promoted to the Nacogdoches morning Receptionist. Christina's ultimate career goal is to grow within our company because we are passionate about what we do, and because we work above and beyond for our clients and our employees. Christina's favorite quote is

"Teamwork divides the task and multiplies the success" and that is what she strives to do.

Above all, Christina's faith in Christ and her relationship with him is what she leans on. In Psalm 91:4, He says, "He shall cover thee with his feathers, and under his wings shalt though trust. His truth shall be thy shield and buckler." That verse is what she reminds herself of daily.

"In this whirlwind we call life, it reminds me to give my worries to Him, and let all else go" -Christina Dillon

In her spare time, she enjoys coaching and playing baseball, softball and basketball with her son, Mason & daughter Madison. Most of her weekends are spent at sporting events or out on the lake with friends and family.

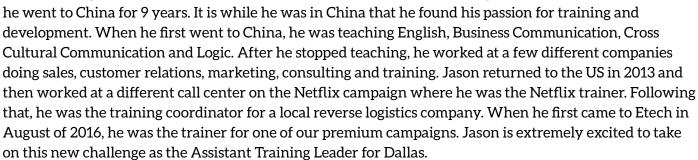
Please join me in congratulating Christina on her promotion!

Congrats Christina and welcome to the team, I am excited to have you on our team and for what the future holds for our company!

#### Jason Bolton - Assistant Training Leader - Dallas.

Jason will be managing the training team in Dallas, coordinating the logistics of classes, as well as client relations in regards to training material. He will continue being a strong leader and exemplifying the Character Commitments. Please join me in congratulating Jason!

Jason is a 2004 graduate of the University of California, Davis, where he received his Bachelor's degree in Political Science and International relations. After he graduated,



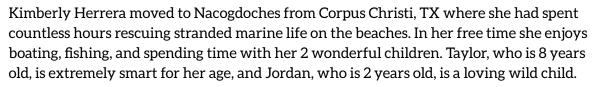
When he is not at Etech, you can find him spending as much time as he can with his 7 year old son and his wife. Also, you can find his face buried in a John Maxwell book as he is also a John Maxwell Team member. If you can't find him at home, they are traveling and exploring new places!





### Kimberly Herrera - Assistant Training Leader - Nacogdoches

Kim will be performing a variety of tasks pertaining to the training teams in Nacogdoches and Rusk. She will manage the trainers, organize/approve classes, and represent our company to our various clients. We look forward to seeing Kimberly continue to grow and excel as a leader!





Kimberly is the youngest of 8 children and was raised in Oglesby, TX. She states, "The town is so small that if you blink, you would drive right through it."

Kimberly joined the Etech team in July of 2014 as an agent and has strived for excellence ever since. There have been several leaders that have inspired her to work hard and stay dedicated along the way. She thanks her mom for her strong work ethics and her dad for her comical humor.

#### Katy Adams - Leadership Development Assistant



# WHO then WHAT ©

**WHO: KATY ADAMS** 

WHAT: Please join me in congratulating Katy Adams in her recent promotion. The new Leadership Development Assistant

Katy has worked diligently this past year to become our Etech partner in Leadership growth. Her assistance in our Pillars of Education has helped align our vision. Katy has been intentionally adding value specifically in the area of overall organization and design. I know that Katy understands that self development is the key to success. I personally appreciate her innovative approach in streamlining our Leadership Development efforts. In Katy's new role she will continue to take our department to the next level with ensuring Remarkable assistance in our efforts to Globalize Leadership Development.

"If serving is below you, leadership is beyond you", and this is something she holds very dear to her heart! I know personally Katy loves serving the leaders at Etech.

When Katy is not at work you can find her in the biggest littlest town in Texas known as Garrison. She provides love and that when you ask her 2 nephews that when you ask her...she thinks they are perfect in



every way- she adores them. Her German Shepherd Caro is what she considers her only child- and is spoiled! Like she spoils us at Etech. She is proud of her family background – being a daughter of a preacher and police officer. This is where she says the foundation was formed for her Faith. When Katy is not keeping our Leadership Development team organized she is shopping, watching the Dallas Cowboys, hanging out with friends. Her secret talent is DIY- Pinterest has nothing on her! It's a good thing gas prices are still a bit high- because Katy loves to travel. She has a personal goal in 2017 to travel to 4 new places. First up is Las Vegas! That town is not ready for Katy Adams!

Again, Please join me in congratulating Katy on her success. More growth to come!



### Gerald Anthon - Trainer - Jamaica

Gerald will be performing a variety of tasks pertaining to the training team in Jamaica including training our team on American culture, product, customer service and sales training. He will also ensure our training team in Jamaica is on boarded with all training processes and procedures in an effort to further facilitate our theme of one Etech.



Please join me in welcoming Gerald to our team.

Gerald is married (2002) to Dr. Christina Sinclair who is an Interim Associate Dean in the James I. Perkins College of Education at Stephen F. Austin State University in Nacogdoches, TX. He has two children, Ashlee Pfeiffer (Boerne, TX) and Dub Anthon (San Antonio, TX) and is blessed with five grandchildren. Gerald spent 23 years teaching High School Math and coached Football, Basketball, Track, and Tennis. While attending Rocksprings High School he won the state singles tennis championship his senior year. Gerald went on to Schreiner College where he competed in the National Junior College Tennis Tournament. From Schreiner, he was recruited by Angelo State University where he played #1 singles for 2 years. He was very fortunate, his Bachelors of Science degree in Health, Physical Education and Mathematics only cost \$7.50 (for some unknown reason he had to pay for a parking sticker one semester): Athletic scholarships are wonderful. After meeting Christina in 1994 and becoming a couple in 1997, Christina decided she wanted to pursue her Ph.D. in Albuquerque, New Mexico. Gerald went along with the idea and after watching Christina study all the time he decided to obtain a Master of Business Administration Degree. They both graduated from The University of New Mexico in May of 2001. Gerald and Christina have lived in Nacogdoches for four years, are members of Piney Woods Country Club, and enjoy playing golf. While living in New Mexico and Colorado for 15 years he and his wife learned to white water kayak and Telemark ski. Together they skied most New Mexico and Colorado resorts. Gerald's latest hobby includes learning to sail and repair his sailboat. Gerald also has a soft heart for animals, he and Christina have two Schnauzers and two cats (Dutch, Vieto, Tom-Tom and Milly (Milly just had four kitties!). When asked "what is your favorite thing to do"? Gerald responded "play golf with my wife".

### The Snaking Wagon



Left to Right Gabriel Gobea, James, Carlile, Shayna Gamboa



### International Women's Day Celebration at Baroda Center

The fastest way to change society is to mobilize the women of the world. - Charles Malik

International Women's Day (March 8) is for celebrating the social, economic, cultural and political achievements of women.

An annual "International Women's Day" was first organized by the German socialist and theorist Clara Zetkin along with 100 delegates from 17 countries in March 1911. The event was marked by more than one million people campaigning for women's rights to work, vote, and be trained, to hold public office and end discrimination.

The 2017 theme for International Women's Day '#Be Bold for Change', focuses on "Women in the Changing World of Work: Planet 50-50 by 2030". The international community has made this commitment in the 2030 Agenda for Sustainable Development. Realizing women's economic empowerment requires transformative change so that prosperity is equitably shared and no one is left behind.

It is a time to reflect on progress made, to call for change and to celebrate acts of courage and determination By ordinary women who have played an extraordinary role in the history of their countries and communities. Etech Baroda celebrated International Women's day with great joy and fervor to commemorate women's enormous contribution to humankind in all walks of the society.





### International Women's Day Celebration - WLB Gandhinagar

The story of women's struggle for equality belongs to no single feminist nor to any one organization but to the collective efforts of all who care about human rights," says world-renowned feminist, journalist and social and political activist Gloria Steinem. Thus International Women's Day is all about unity, celebration, reflection, advocacy and action - whatever that looks like globally at a local level. But one thing is for sure, International Women's Day has been occurring for well over a century - and continues to grow from strength to strength. Three cheers to the Women of tomorrow!!!

### "I am a woman. What's your Superpower?"

To celebrate the life of Women who face hardships with their inner strength, all female employees of Etech Gandhinagar enjoyed a small get together with lots of fun & dance followed by snacks. Thank you Etech for making us feel special!



### International Women's Day

Etech Nac showed its support for International Women's Day by having women employees from all departments pose for a photo under the skylight. Thank you ladies for all that you do to help make Etech a remarkable place to work!





### Girl Scout Cookie Sale - Lufkin



# Etech Employee Awareness Program – Awareness against Sexual Harassment - Baroda

Ms. Trupti Sheth, External Member of our Complaint Committee's (ICC) Anti-Harassment Panel, conducted awareness session for our female team members. She is involved in monitoring gender mainstreaming, implementation of project activities, take corrective action where policy and project activities are not being followed, analyze gender situation or concerns and recommend ways to address issues, enhance capacity of gender education & develop relevant material.

Ms. Sheth is a social worker having proven track record in translating high level policies into social program including UNICEF as a State Level Communication Consultant.





### Why not 'Supplier Experience' too!



By Joseph Isaac | Project Lead - EMS & MR (ISO)

These days a lot is being talked about Customer Experience. No doubt a high Customer Experience (Cx) quotient is the most important driver for excellence in the areas of market share, growth potential, and business results of an organization.

How does an organization ensure that it is on top in terms of Customer Experience? Is it simply by focusing solely on quality of product and services, excellent customer satisfaction, making resolutions effortless? While these are the end results, we should not lose focus on the build up to achieve these.

We should not sit in isolation and shut ourselves from the factors that are instrumental to achieving our desired Customer Experience objectives. Organizations should not

forget to make a turnaround at times to assess its 'Supplier Experience' (Suppx).

When I say 'supplier', it is not just confined to organizations and agencies that supply products and services to the organization. This includes the employees too. Talking about external suppliers, we tend to squeeze on the cost to optimize our ROI. While we cannot afford to be too liberal, our optimization efforts should not be at the cost of quality of inputs in terms of equipment's, hardware, software, consumables etc. Needless to say, good input = good output. Make your suppliers partners to your business. Respect their concerns and sentiments, and provide support when required. Being too demanding always, without reciprocation would produce negative results in the long run.

A highly motivated front line staff is key to delivering excellent customer experience. The organization should identify the motivational factors that are key to leveraging frontline staff's performance.

Cultivating a sense of ownership would go a long way in eliminating the 'self' factor from the behavior of front line staff, and they visualize the big picture while dealing with customers. Besides the remuneration element, conducive work environment, excellent infrastructure, state-of-the-art tools, quality of amenities etc. play a vital role in the quality of service delivery. This equally applies to support staff too. Make them feel valued and acknowledge their loyalty. Loyal employees are vital to the success and sustenance of any organization.

I am not trying to establish that organizations are not aware, and not giving attention to these aspects. These should not 'happen' as a routine in the course of running an organization. When we advocate the need to deliver an excellent Customer Experience, we should not under estimate the ground realities. 'Rome wasn't built in a day'. There are lot to be done from the grass root level to excel and more so to sustain at higher levels of Customer Experience realm. What we need is to be rooted well to avoid falls that would be fatal.



### Training MVP of the Quarter!

Etech believes in rewarding not just it's agents for excellence but also its leaders. During the R&R Ceremony James Titus III was awarded 'Training MVP of the 1st Quarter.' He was then entered into a drawing with our other award winning MVPs and won an Amazon Echo Speaker. What a way to be recognized! Congratulations Titus!



### Etech Employee Wellness Program-Healthy Heart Menu



Etech Dallas HR & Recruiting Team - (National Healthy Heart Day)

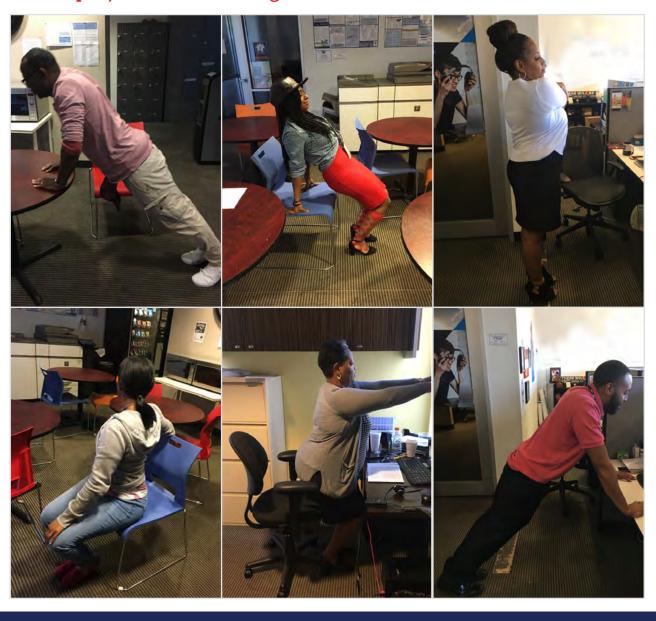




### Aspiring Leaders - Lufkin



## Etech Employee Wellness Program - Desk Exercises





# Etech Servant Leadership Awards -2016

Good leaders must lead by example. By walking your talk, you become a person others want to follow. When leaders say one thing, but do another, they erode trust-a critical element of productive leadership. Congratulations to the recipients of this year's character awards.



Hardipsingh Rathore GNR- Ops Department



Parvez Mansoori BRD-Admin Department

### New Training Class at the Rusk Center





### Volleyball Tournament 2017 - A WLB Initiative

Gandhinagar WLB Team organized Volleyball Tournament 2017 where we witnessed huge participation from team members. In this fun-filled tournament, we saw many close encounters which went to the wire and the best teams came out as Winners. The finals came to a brilliant end with "Shoot the Hits" winning the championship by defeating "Team – The Patriots" in a closely contested match. Simultaneously, Women power of Etech showed the same excitement & energy and the championship was won by "Tiger Girls".

Many congratulations to all the winning teams:

### Male Tournament:

- Winners Shoot The Hits
- 1st Runners Up -The Patriots
- 2nd Runners Up -IT Tigers

#### Women's Tournament:

• Winners –Tiger Girls





### **EMS Outing Baroda**

### The A Team!

Our EMS Baroda Team exceeded the expectations yet again! To reward the team for their consistent performance and consistently exceeding expectations the management team decided to take them out for lunch.

If you see anyone of them around, please give them a high five for the job well done!



### Etech Leadership Awards - Baroda

Leadership Awards were presented at our Baroda Center with much zest and fervor to mark the contribution of servant leaders who made us proud by exhibiting Etech's 12 character commitments.





### Etech Organizational Development Program - Accountability

What does it mean to be "held accountable?" Unfortunately, most people view accountability as something that belittles them or happens when performance wanes, problems develop or results fail to materialize. After all, when things are sailing along smoothly, people rarely ask, "Who is accountable for this success?"

American President Harry S. Truman had a sign on his desk that read: "The Buck Stops Here."

Accountability for a leader is much more than just their own decisions and actions. Accountable leaders take ownership of the actions and decisions of their team. They believe in rewarding the solutions and fixing the problem.

Learning and Development Team at our Baroda center conducted an OD sessions on Accountability for Leaders to reinforce the characteristics of a right leader.





# Etech Organizational Development Program - Glossophobia: The fear of public speaking

### "All the great speakers were bad speakers at first" - Ralph Waldo Emerson

Glossophobia or speech anxiety is the fear of public speaking or of speaking in general. People who suffer from glossophobia tend to freeze in front of any audience, even a couple of people. They find their mouth dries up, their voice is weak and their body starts shaking. They may even sweat, go red and feel their heart thumping rapidly. If people suffer from glossophobia they shy away from any opportunity to speak in public. Stage fear is one of the symptom of glossophobia. The symptoms are usually so severe that people get terribly embarrassed and fearful of any public speaking.

Learning & Development team at the Gandhinagar center conducted a session to help people overcome this common phobia. The session was huge hit. Attendee were glad they were present in this session and looked determined to follow the tips shared by our L&D team to overcome stage phobia and be more confident while speaking in public. Great job, Team L&D!





### Potluck at the Etech Baroda Center

### Laughter is brightest where food is best - Irish Proverb

A small bite, a main dish, chillers or a sweet dish having food with colleagues makes it more meaningful. Baroda organized a Potluck where everyone brought a dish to share and it turned into a super feast for all!

We, at Etech Baroda, had a fun filled time tasting various delicacies and spending good time with colleagues during potluck.



### Happy Holi - Etech Gandhinagar

Holi, a traditional festival, celebrates the beginning of spring as well as the triumph of good over evil. It is best known around the world for the powder that revelers throw on each other, leaving festival goers coated in color by the end of the day. It is celebrated with great joy and enthusiasm as it brings feeling of love and closeness among people. Colors are spread out by the people over each other. At this day we meet each other, handshake, and apply 'Tilak' on the forehead to each other.

Here, at Etech Gandhinagar, we celebrated this colorful festival with Water balloons, exciting Games and funny Quiz to ensure that all the members of the organization celebrate and enjoy the festival with Etech family!

Everyone enjoyed playing splash water balloon and quiz along with chocolates as prize.





### Etech Wellness Program: Talk on Ergonomics

Dr. K.C. Patel – a renowned orthopedic surgeon conducted a special session on Ergonomics for our team member. The session was really helpful and you can see people stretching, sitting in correct posture after this session. Thank you so much, Dr. Patel!



### Fruit Day, Wednesday - A WCS Initiative

It is said that "Fruit has been recognized as a good source of vitamins and minerals, and for their role in preventing vitamin C and vitamin A deficiencies."

The WCS Gandhinagar took the initiative to designate Wednesdays as Fruit days. It was a huge hit last Wednesday! Team Members welcomed the initiative healthily and committed towards healthy living.

# This is what some of the team members had to say about the initiative:

- "Good Initiative. I don't get to eat fruits as I stay alone, and I generally eat out."
- "I am too lazy to prepare a dish and eat this way. Thanks to this initiative, I got to eat varieties of fruits today after a long time."
- "Today I had many varieties of fruits in a single go. I would love to have this as a habit now. Thank you, WCS!"





### Rewards and Recognition - Lufkin





### Rewards & Recognition ceremony - Baroda

Valuing People is a part of our tradition as we hold true to the core characteristics of Etech. We celebrated success and recognized our team members for their excellent work in the Rewards and Recognition ceremony this month. People born this month got to celebrate their birthday with everyone present in the ceremony.

Getting rewarded and applauded in front of the whole center holds a special value for everyone and we ensure the appreciation and the hype doesn't end with the ceremony.

Everyone on the floor had fun playing games, and the deafening applause and cheers brought smiles over the participants' face.





### Rewards & Recognition ceremony - Gandhinagar



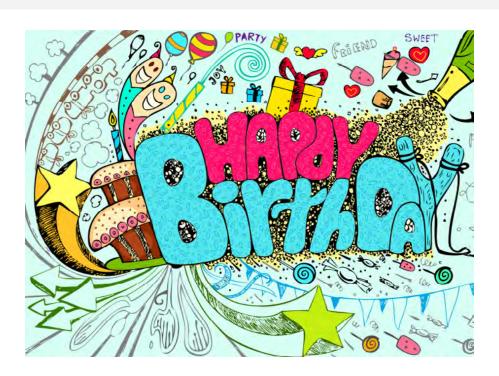


# Birthdays in April

| Josephanthi Cavarransi             | 04/01 | Can        | Vimboulty Crisins              | 04/09          | T f        | Ousisha Siramana            | 04/20 | Due        |
|------------------------------------|-------|------------|--------------------------------|----------------|------------|-----------------------------|-------|------------|
| Jaybharthi Gauswami Samir Bhalerao | 04/01 | Gan<br>Bar | Kimberly Swint Christan Olford | 04/09          | Luf<br>Luf | Quaisha Simmons             | 04/20 | Rus<br>Nac |
| Zachary Mcqueen                    | 04/01 | Luf        | Antareous Thornton             | 04/10          | Luf        | Anthony Dotson Sweety Priya | 04/21 | Gan        |
| _                                  | 04/01 | Rus        | Janet Harkless                 | 04/10          | Luf        | Jarrett Constant            | 04/22 | Rus        |
| Jyran Shaw Poonam Bhardwaj         | 04/02 | Gan        | Susan Duran                    | 04/11          | Nac        | Pranav Patel                | 04/22 | Bar        |
|                                    | 04/02 | Luf        | Tony Adkins jr                 | 04/11          | Luf        | Danaijuwua Sanders          | 04/22 | Nac        |
| Katelyn Seago Surabhi .            | 04/02 | Gan        | Arunabha Bhaumik               |                | Gan        | Dhruvin Patel               | 04/23 | Gan        |
| Rekha Yadav                        | 04/02 | Bar        | Ana Vazquez                    | 04/11<br>04/11 | Dal        | Rashesh Kansara             | 04/23 | Bar        |
|                                    |       |            | Manankumar Vashi               |                |            |                             |       |            |
| April Windham                      | 04/03 | Luf        |                                | 04/12          | Gan        | ROBERTO GARCIA              | 04/24 | Dal        |
| Marty Cravy                        | 04/03 | Luf        | Martha Williams                | 04/12          | Luf        | Francesca Collins           | 04/24 | Nac        |
| Pankaj Shrimali                    | 04/03 | Gan        | Felicia Timmons                | 04/12          | Nac        | Ashley Blanton              | 04/24 | Nac        |
| Jack Neal                          | 04/03 | Nac        | Nathan Stuever                 | 04/12          | Nac        | Arka Arindam                | 04/25 | Gan        |
| Nitin Sapkale                      | 04/03 | Bar        | Starr Williams                 | 04/12          | Dal        | Parth Bhavsar               | 04/25 | Gan        |
| ikea moore                         | 04/03 | Nac        | April Maloid                   | 04/13          | Luf        | Brianna Price               | 04/25 | Luf        |
| Nancy Jackson                      | 04/03 | Dal        | Daniel Salazar                 | 04/13          | Nac        | Kyisha Reed                 | 04/25 | Rus        |
| Dierdre Ann Blake                  | 04/03 | Jam        | Parth Pandya                   | 04/13          | Gan        | Shazia Scott                | 04/25 | Rus        |
| Ravi Ravani                        | 04/04 | Bar        | Neelam Singhal                 | 04/13          | Gan        | Sarina Dowlearn             | 04/25 | Rus        |
| Shelia Cain                        | 04/04 | Nac        | Nisha Rajput                   | 04/13          | Bar        | Talena Bell                 | 04/25 | Nac        |
| Hiren Buch                         | 04/04 | Gan        | Shelby Gresham                 | 04/14          | Nac        | Tameika Williams            | 04/26 | Dal        |
| Thomas Clover III                  | 04/04 | Luf        | Varun Patel                    | 04/14          | Bar        | Premal Contractor           | 04/26 | Gan        |
| Williams Thomas                    | 04/05 | Gan        | Parvez Mansoori                | 04/14          | Bar        | Stacey Alday                | 04/26 | Luf        |
| Constance Freeman                  | 04/05 | Dal        | Bhawani Shanker Badera         | 04/14          | Gan        | Larry Taylor                | 04/26 | Luf        |
| Himen Suthar                       | 04/05 | Gan        | Pragnesh Solanki               | 04/14          | Bar        | Fryda Starling              | 04/26 | Nac        |
| ROBERT COX                         | 04/05 | Luf        | Suresh Yadav                   | 04/15          | Gan        | Maksud Shaikh               | 04/27 | Gan        |
| Rosanna Edmondson                  | 04/05 | Jam        | Jayesh James                   | 04/15          | Bar        | Mary Davis                  | 04/27 | Nac        |
| Nilesh Gowardhan                   | 04/05 | Gan        | Nipun Shinde                   | 04/15          | Bar        | Jalyesa Butler              | 04/27 | Dal        |
| Cynthia Russell                    | 04/05 | Rus        | Amaris Chandler                | 04/15          | Nac        | Shane Cone                  | 04/27 | Nac        |
| Patricia Roof                      | 04/05 | Nac        | Iris Garcia                    | 04/15          | Nac        | Nilesh Chauhan              | 04/27 | Gan        |
| Alakh Niranjan                     | 04/05 | Gan        | Siddharth Upale                | 04/16          | Bar        | Eric Crowder                | 04/27 | Dal        |
| Sukoon Madan                       | 04/06 | Gan        | crystina traylor               | 04/16          | Rus        | Keighanna Carter            | 04/27 | Dal        |
| Sandra Russell                     | 04/06 | Jam        | Windy West                     | 04/16          | Luf        | Nimish Ashar                | 04/28 | Bar        |
| Dylan Guison                       | 04/06 | Nac        | Kiran Champawat                | 04/17          | Gan        | Kamesha Mcfail              | 04/28 | Dal        |
| Sonal Verma                        | 04/06 | Gan        | Carolyn Wingate                | 04/17          | Nac        | Chirag Patel                | 04/28 | Bar        |
| Pheny Manek                        | 04/06 | Gan        | Sahil Ahlawat                  | 04/18          | Gan        | Serenity Kossie             | 04/28 | Nac        |
| Rachel Schmitt                     | 04/07 | Nac        | Shubham Prajapati              | 04/18          | Bar        | tony kirby                  | 04/28 | Luf        |
| Calvin Cole                        | 04/08 | Nac        | Rishabh Pandey                 | 04/18          | Gan        | Cecilie Hyman               | 04/29 | Nac        |
| Anupama Patel                      | 04/08 | Gan        | Danny Garrett                  | 04/18          | Pbl        | Angel Driver                | 04/29 | Luf        |
| Chelsi Owens                       | 04/08 | Nac        | Heather Chambers               | 04/18          | Gan        | Jeff Noebel                 | 04/29 | Dal        |
| Paras Barot                        | 04/08 | Gan        | Caitan DSilva                  | 04/19          | Gan        | Tasneem Asra                | 04/29 | Gan        |
| Kedar Jaeel                        | 04/08 | Bar        | Shem Delafield                 | 04/19          | Nac        | Pradeep Makwana             | 04/29 | Bar        |
| Nancy Wright                       | 04/08 | Nac        | Fred Lampkin Jr                | 04/19          | Nac        | Michael Stinson             | 04/30 | Nac        |
| Nicholas Rocco                     | 04/09 | Nac        | Raquel Ellis                   | 04/19          | Dal        | Ashley Wheeland             | 04/30 | Nac        |
| KrunalKumar Modi                   | 04/09 | Gan        | Michael West                   | 04/19          | Dal        | Treba Willis                | 04/30 | Luf        |
| Catherine Jones                    | 04/09 | Rus        | Keisha Brown                   | 04/20          | Pbl        | Mark Parker                 | 04/30 | Nac        |
|                                    |       |            |                                |                |            | Siddharth Sanyal            | 04/30 | Gan        |
|                                    |       |            |                                |                |            | MICHELE BLAKE               | 04/30 | Jam        |
|                                    |       |            |                                |                |            |                             |       |            |

# Birthdays in May

| Abhinav Dhavale            | 05/01 | Gan | Parita Shah        | 05/07 | Gan | Andrea Venegas      | 05/12 | Nac |
|----------------------------|-------|-----|--------------------|-------|-----|---------------------|-------|-----|
| Jaylyn Robinson            | 05/01 | Dal | Raj Vardhan        | 05/07 | Bar | Derek Carraway      | 05/12 | Rus |
| Manisha Trivedi            | 05/02 | Gan | Dheeraj Ameta      | 05/07 | Gan | Hollyn Cates        | 05/12 | Luf |
| Ankita Dholakia            | 05/02 | Bar | Brian Welsh        | 05/07 | Nac | Brandy Wilson       | 05/12 | Rus |
| Chintan Tiwari             | 05/02 | Gan | Courtney Beatty    | 05/07 | Nac | Carlos Lemley       | 05/12 | Nac |
| Monica Perez               | 05/02 | Nac | James Edwards      | 05/07 | Luf | Bhavesh Jamba       | 05/12 | Gan |
| Diana Hogan-Govan          | 05/02 | Dal | Jeffery Willoughby | 05/07 | Nac | Jacklyn Mott        | 05/12 | Luf |
| Kourtney Cross             | 05/02 | Nac | Sharhonda Jenkins  | 05/07 | Dal | Terence Coleman     | 05/12 | Nac |
| Marlen Lopez               | 05/02 | Luf | Dhaval Patil       | 05/08 | Bar | Gurnam Singh Pabley | 05/13 | Gan |
| Mohammad Sohail Khan       | 05/02 | Bar | Milind Sharma      | 05/08 | Gan | Miguel Garcia       | 05/13 | Nac |
| Pavan Punjabi              | 05/03 | Bar | Rucha Bhavsar      | 05/08 | Gan | Jelin Pidiyath      | 05/13 | Bar |
| Xavier Chambers            | 05/03 | Dal | Terri Lewis        | 05/08 | Dal | Prashantkumar Patel | 05/13 | Bar |
| Yatinkumar Parekh          | 05/03 | Gan | Jonathan Lusk      | 05/08 | Rus | Ashwin Talsania     | 05/13 | Gan |
| Nathan Duguay              | 05/04 | Luf | Abdul Shaikh       | 05/08 | Bar | Ashley Thurman      | 05/14 | Rus |
| Nicole Acker               | 05/04 | Rus | Heather Vassar     | 05/08 | Rus | Gregory Ringo jr    | 05/14 | Nac |
| John Westmoreland          | 05/04 | Luf | Christina Dillon   | 05/08 | Nac | Latoya Hargraves    | 05/15 | Dal |
| Roxanne Remedios           | 05/04 | Bar | Noeli Antonio      | 05/09 | Nac | Avinash Soman       | 05/16 | Gan |
| Faith LeBlanc              | 05/04 | Nac | Shivesh Pandey     | 05/09 | Gan | Tanisha Allen       | 05/16 | Jam |
| Brandon Smith              | 05/04 | Nac | Partha Dasgupta    | 05/09 | Gan | Pooja Aswani        | 05/16 | Gan |
| Rajat Samantrai            | 05/04 | Bar | Jessica Sigler     | 05/09 | Nac | Terry Richardson    | 05/16 | Nac |
| Vikaskumar Sukhadiya       | 05/05 | Gan | Mariah Schroeder   | 05/10 | Nac | Abhishek Raj        | 05/16 | Gan |
| Vrushang Shah              | 05/05 | Gan | Janet Starling     | 05/10 | Hou | Nerissa Wilson      | 05/17 | Nac |
| Dharmesh Modi              | 05/05 | Bar | Don Thornton III   | 05/11 | Nac | Ronnie Mize         | 05/17 |     |
| Harman Preet Kaur Roop Rai | 05/05 | Bar | Tanesha Peacock    | 05/11 | Luf | David LaBelle       | 05/17 | Luf |
| Zachary Cobb               | 05/05 | Nac | Laxmiben Vaghela   | 05/11 | Gan | Melissa Vigil       | 05/17 | Luf |
| Chris Craddock             | 05/05 | Nac | Sharnae White      | 05/11 | Dal | Jonathan Williams   | 05/17 | Dal |
| Hardipsingh Rathore        | 05/05 | Gan | Leighton Bingham   | 05/11 | Pbl | Ronnie Mize         | 05/17 | Nac |
| Amber Terry                | 05/06 | Luf | Aureyanna Irving   | 05/11 | Dal | Yaneth Aguilar      | 05/17 | Rus |
| David Pippin               | 05/07 | Luf | Billy Griffin      | 05/11 | Luf | Bradley Fondren     | 05/17 | Luf |
|                            |       |     |                    |       |     |                     |       |     |





| Julia Mock            | 05/17 | Nac | Maricela Romero           | 05/23 | Dal | Manit Pandya         | 05/26 | Gan |
|-----------------------|-------|-----|---------------------------|-------|-----|----------------------|-------|-----|
| Nayankumar Bamania    | 05/18 | Bar | Lasonya Chambers Boydston | 05/23 | Jam | Ami Gadhia           | 05/26 | Gan |
| Rajnikant Sharma      | 05/18 | Gan | Hitesh Chhatvani          | 05/23 | Gan | Whitney Wilson       | 05/26 | Dal |
| Shaquera Perkins      | 05/18 | Nac | Jeanette Duckworth        | 05/23 | Nac | Whitney Chancey      | 05/27 | Nac |
| Rackeem Gordon        | 05/18 | Jam | LOVANNA LASH              | 05/23 | Rus | Jaykishan Sharma     | 05/27 | Bar |
| Cori Roberts          | 05/18 | Nac | Matthew Rocco             | 05/23 | Nac | Taylor Dixon         | 05/27 | Nac |
| Raven Lynch           | 05/18 | Luf | Adam Gentry               | 05/23 | Nac | Sarojben Solanki     | 05/28 | Bar |
| Charele Abor          | 05/18 | Dal | Ashley Ghant              | 05/24 | Luf | Glenda Anderson      | 05/28 | Nac |
| Bhavesh Kharve        | 05/19 | Bar | Partha Saradhy Gopinath   | 05/24 | Gan | Gurudattsingh Medtia | 05/28 | Nac |
| Alexandra Rynearson   | 05/19 | Nac | Bernard Lantz             | 05/24 | Rus | Ailyn Torres Cabrera | 05/28 | Nac |
| Danesha Shreeves      | 05/19 | Jam | Jahavia Jackson           | 05/24 | Nac | Alicia frazier       | 05/28 | Dal |
| LaMeshea Moore        | 05/19 | Dal | Rita Wells                | 05/24 | Rus | Debra Brown          | 05/28 | Rus |
| Cynthia Hernandez     | 05/19 | Nac | Trace Johnston            | 05/24 | Luf | Pratik Niphadkar     | 05/28 | Gan |
| Jessica Cox           | 05/19 | Nac | Krunal Dalwadi            | 05/24 | Bar | Kirti Sharma         | 05/28 | Gan |
| Priyanka Ramrakhiyani | 05/20 | Gan | Daniel McMahon            | 05/24 | Nac | Tristan Collins      | 05/28 | Rus |
| Sarah Linthicum       | 05/20 | Nac | Keniesha Salmon           | 05/25 | Jam | Michael Whatley      | 05/28 | Nac |
| Maria Escareno        | 05/20 | Rus | Manish Bhatt              | 05/25 | Gan | Brandon Linville     | 05/29 | Luf |
| Pamela Arroyo         | 05/20 | Luf | Raj Shah                  | 05/25 | Bar | Jeffry Baker         | 05/29 | Dal |
| William Mannix        | 05/21 | Rus | Glenda Lane               | 05/25 | Nac | Akash Modh           | 05/29 | Gan |
| Vishal Shah           | 05/21 | Bar | Ashley Hawkins            | 05/25 | Dal | Abhimaneu.           | 05/29 | Bar |
| Sunny Shah            | 05/21 | Gan | Harshil Girnari           | 05/25 | Bar | Jennifer Ortega      | 05/29 | Rus |
| Aaron Rudd            | 05/21 | Luf | Niraj Mokashi             | 05/25 | Gan | Mehul Solanki        | 05/30 | Gan |
| Edward Foster         | 05/21 | Luf | Amanda Shelton            | 05/25 | Nac | Jeremy Adams         | 05/30 | Nac |
| Sagar Shah            | 05/21 | Bar | Natasha Sims              | 05/26 | Dal | Himanshu Solanki     | 05/30 | Bar |
| Jeremy Jackson        | 05/22 | Nac | Leslie Linares            | 05/26 | Nac | Denise Torres        | 05/31 | Luf |
| Prashant Kor          | 05/22 | Gan | Elizabeth Cunningham      | 05/26 | Nac | P Swapn Bharti       | 05/31 | Bar |
| Sean Fagbola          | 05/22 | Jam | Jackie Williams           | 05/26 | Luf | Dharmesh Patel       | 05/31 | Bar |
| Niraj Dandiwala       | 05/22 | Bar | Ricardo Reyes             | 05/26 | Dal | Telea Martin         | 05/31 | Dal |
| Matthew Rocco         | 05/23 | Gan | Rinal Shah                | 05/26 | Gan | Aaron Masten         | 05/31 | Nac |
|                       |       |     |                           |       |     |                      |       |     |

